

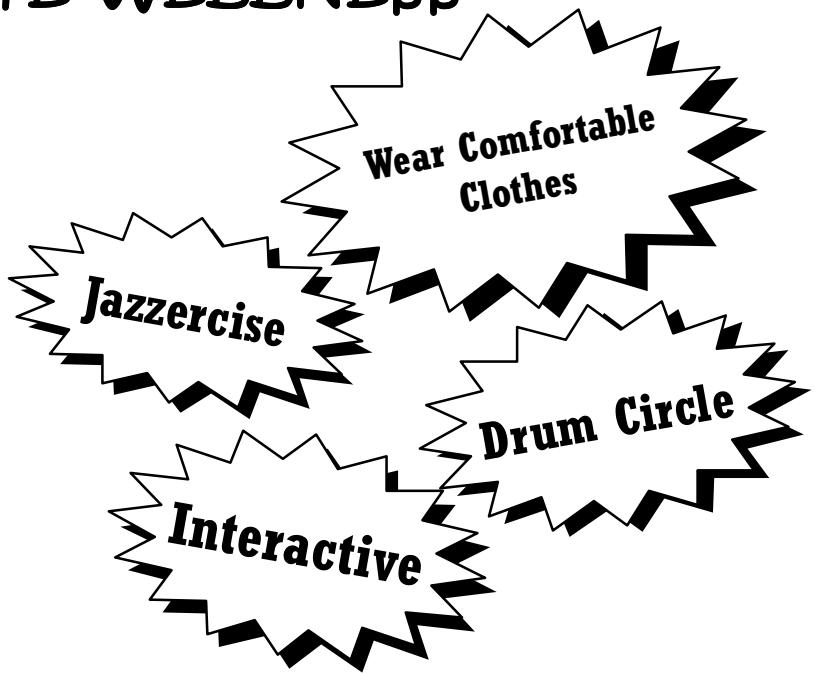


IT'S A BALANCING ACT

HOW TO PROMOTE WELLNESS

- # THROUGH NUTRITION
- # STRESS MANAGEMENT
- # AND EXERCISE

Wednesday, May 26, 2004
 Ed Center Board Room
 5:00 pm Dinner
 5:45 pm General Meeting
 6:00 pm Presentations



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Name(s) _____ Site/Dept _____

Dinner: Salad & Fruit Bar Total Amount Enclosed _____ @ \$ 7.00 each

Return your reservation with your check payable to LMSV AEOP by 05/24/04
 to Wendy Rochester (IS)



DOOR PRIZES # EVERYONE WELCOME!